



## Respectful Place

Winnipeg Harvest seeks safe and welcoming places where people can receive food. Clients, volunteers and staff are to be treated with respect and dignity free of harassment. To this end, these behaviours will **NOT** be tolerated in our Food Banks:

- Discrimination based on race, ethnicity, colour, religion, sex, age, sexual orientation, mental or physical disability
- Violence or threats of violence
- Unwanted and/or intimidating physical contact
- The use of drugs or alcohol
- Public humiliation or insulting comments
- Swearing or verbal abuse

## Clients

Clients can access a Winnipeg Harvest Food Bank every two weeks

One address receives one hamper of food

Clients are asked to show identification (a medical card is preferred); clients must not use false identification

Walk-ins (not on the Client List) must wait until all those on the Client List are served

## Food

All food Winnipeg Harvest distributes is donated by individuals, stores and companies

Food received from Winnipeg Harvest is not to be sold, bartered, traded or used for fundraising efforts

Winnipeg Harvest cannot guarantee any item

Food distributed by Winnipeg Harvest is meant to last a household for two to three days

Kit Items (canned vegetables/fruit, carbohydrate, protein, soup) are for those on the Client List only (not for Walk-ins)

Milk (1 litre 3.25% Parmalat) is served 1 litre per child 12 and under and to pregnant/nursing women (not for Walk-ins)

New Bothwell cheese is limited to 1 package per child 12 (not for Walk-ins)

Bread and Baked Goods are served up to two days past the best before date (as per Canadian Food Bank guidelines)

Canned food is served up to nine months past the best before date (as per Canadian Food Bank guidelines)

## Food Banks

Food Bank volunteers who are on the Client List may receive food first in the same quantity as all other clients

Food Banks can serve walk-ins at their discretion

Food Bank volunteers are not expected to deliver food or transport clients

Food Banks decide the order and method (pre-packaged or individual choice) of food distribution

Food Bank volunteers will respect the privacy of those served, maintaining confidentiality of personal information

Food Banks are responsible to find and manage volunteers

Food Bank volunteers will maintain the highest possible standards for food storage and handling

Supplementing food from Winnipeg Harvest is at the discretion and resources of the Food Bank

## Winnipeg Harvest Contacts

Food Bank Appointments Contact: 204.982.3660  
appointments@winnipeg Harvest.org

Winnipeg Harvest General Contact: 204.982.3663  
info@winnipeg Harvest.org